

Care Seeker Milestone M1 Generated April 24, 2026 at 05:08 UTC

This brief is a structured summary of information provided by the care seeker. It is not a diagnosis, does not constitute medical advice, and has not been reviewed or verified by a licensed clinician. All interpretive notes are clearly marked as pattern observations only.

Current Concern

The care seeker is experiencing fatigue described as total body exhaustion that is not improved by rest. There is a reported fear of needing to stop working altogether due to the condition.

Functional Reality Now

Work accommodations have been requested due to the condition. There is concern about the potential need to stop working. The current level of day-to-day functioning is not otherwise described.

Baseline / Last Known Well

Prior to illness, the care seeker was a high-functioning software engineer. No further details about baseline health or function are available.

Key Timeline / Turning Points

Date / Period	Event	Notes
Unknown date	factual	

factual confirmed by care seeker | approximate rough time frame | inferred system-derived candidate — unconfirmed

Major Symptoms / Systems

Fatigue described as total body exhaustion not improved by rest. No additional symptoms or affected systems have been reported.

Context That May Matter

Age 38 at time of report. Occupation as high-functioning software engineer prior to illness. Work accommodations have been requested. There is a fear of needing to stop working altogether.

Prior Workup / What Has Been Tried

No prior workup information has been captured yet.

Unresolved Areas / Gaps

No information on duration, onset, associated symptoms, medical history, or prior evaluations. No details on the impact outside of work or on daily living activities.

Key Signals & Pattern Insights

The following are bounded pattern observations derived from the care seeker's structured story. They are not diagnoses and must not be treated as such. Each observation is traceable to specific story elements.

No pattern signals generated yet.

Directional Next-Step Categories

Category-level guidance based on the structured story. These are directions for exploration, not prescriptions.

Directional categories not yet available.